Famine
by Sinéad O'Connor

Okay, I want to talk about Ireland
Specifically I want to talk about the "famine"
About the fact that there never really was one
There was no "famine"

See Irish people were only allowed to eat potatoes
All of the other food
Meat fish vegetables
Were shipped out of the country under armed guard
To England while the Irish people starved
And then in the middle of all this
They gave us money not to teach our children Irish
And so we lost our history
And this is what I think is still hurting we

See we're like a child that's been battered
Has to drive itself out of it's head because it's frightened
Still feels all the painful feelings
But they lose contact with the memory
And this leads to massive self-destruction
Alcoholism drug addiction
All desperate attempts at running
And in it's worst form
Becomes actual killing

And if there ever is gonna be healing
There has to be remembering
And then grieving
So that there then can be forgiving
There has to be knowledge and understanding

An American army regulation
Says you mustn't kill more than 10% of a nation
'Cause to do so causes “permanent psychological damage"
It's not permanent but they didn't know that
Anyway during the supposed "famine"
We lost a lot more than 10% of our nation
Through deaths on land or on ships of emigration
But what finally broke us was not starvation
But it's use in the controlling of our education
School go on about "Black '47"
On and on about "The terrible ‘famine’"
But what they don't say is in truth
There really never was one

So let's take a look shall we
The highest statistics of child abuse in the EEC
And we say we're a Christian country
But we've lost contact with our history
See we used to worship God as a mother
We're suffering from post traumatic stress disorder
Look at all our old men in the pubs
Look at all our young people on drugs
We used to worship God as a mother
Now look at what we're doing to each other
We've even made killers of ourselves
The most childlike trusting people in the Universe

And this is what's wrong with us
Our history books the parent figures lied to us
I see the Irish
As a race like a child
That got itself bashed in the face
And if there ever is gonna be healing
There has to be remembering
And then grieving
So that there then can be forgiving
There has to be knowledge and understanding